



Ashfield News

Sports Day – 1.15pm Tuesday 17th June 2014

Our Sports Day will be held on the afternoon of Tuesday 17th June on the school playing field. The Sports Day has been designed to provide children with opportunities for co-operation, competition and challenge and reflects the work that the children have been doing in Athletics this term. There will be throwing, running and field events as well as events designed to test co-ordination and agility.

The children across the school have been divided into four teams named after four of our most sports personalities:

- Red Dina Asher-Smith (*inspiring young athlete, shortlisted for the 2013 BBC Young Sports personality of the year*)
- Yellow Lewis Hamilton (*2008 Formula One World Champion*)
- Blue Kelly Gallagher (*gold medal skier in the 2014 Winter Paralympics*)
- Green Andy Murray (*Olympic Tennis Champion 2012 & Wimbledon Champion 2013*)

These sports day teams have then been divided again within each year group. All children will compete in a minimum of four events, across four separate zones, in which they will be challenged both individually and as part of a team. The activities are designed to test the children's skills of throwing, running, co-ordination and stamina.

The school playing field will be divided into four separate zones and these will be in use constantly throughout the afternoon. The four zones are:

- ZONE 1:** Hammer Throw, Javelin, Shot and Target Throw.
- ZONE 2:** Penalty Shoot-Out, Skipping and Speed Bounce.
- ZONE 3:** Hurdles, Shuttle Relay, Obstacle Course
- ZONE 4:** Balance Bars and Bunny Hops.

Each year group will begin in a separate zone. Once they have completed their activities the children will then move, in their year groups, to the next zone and so on. After all of the year groups have completed four zones, the children will then move to the centre of the running track to watch the concluding points scoring event, the mixed year-group relay races. Parents and carers are asked to assemble along the **outside** of the sprint track straight, by the bank of trees, in order to watch this event. The final activity for Sports Day, the individual sprint finals, will then take place along the straight track, where all spectators will already be assembled. The sprint finals should take place at approximately 2.45pm, directly followed by the presentation ceremony, in which the winning team will parade the trophy with a lap of honour on the circular track. Spectators are asked to keep the track clear.

The order of the zones and the **approximate** timings for Sports Day are as follows:

TIME	YEAR 3	YEAR 4	YEAR 5	YEAR 6
1.15-1.35pm	ZONE 1	ZONE 2	ZONE 3	ZONE 4
1.35-1.55pm	ZONE 2	ZONE 3	ZONE 4	ZONE 1
1.55-2.15pm	ZONE 3	ZONE 4	ZONE 1	ZONE 2
2.15-2.35pm	ZONE 4	ZONE 1	ZONE 2	ZONE 3
2.35-2.45pm	MIXED YEAR GROUP RELAY RACES			
2.45-2.55pm	INDIVIDUAL SPRINT FINALS			
2.55-3.05pm	PRESENTATION AND LAP OF HONOUR			

The four Sports Day zones will each have spectator viewing areas, indicated by the positioning of school chairs. In order to assist with the smooth and safe running of each Sports Day event, please only watch your children from these designated areas. Parents / carers are welcome to follow their children from zone to zone, but are asked to ensure that they remain within the specified viewing areas. As the circular running track will be in use throughout the afternoon, spectators are also requested **not to cross the track**. Please go around the outside of the track at all times. Please also ensure that younger children are kept under control and that they do not interfere with any of the events. For health and safety reasons, pets should not be brought onto the school grounds and no children are allowed on the wooden play equipment.

It is essential that children have the correct PE kit in order to take part in Sports Day. Children should come to school in their PE kit on Tuesday morning. Please help us by ensuring that your child's trainers or plimsolls fit them and that they have their water bottles in school on the day, in order to keep them hydrated during the afternoon. All jewellery must be removed. If ears have only just been pierced, microporous tape must be used to cover the stud. Otherwise, all earrings must be taken out, or preferably left at home that day. Children with long hair will also need to tie their hair back.

While we encourage parents and carers to cheer their children on in the events, please try to avoid distracting the children from their activities. Spectators are also requested not to interrupt proceedings to offer children drinks or other refreshments – they will have their water bottles with them at all times and this will be sufficient. The School and Home Association will be providing refreshments for spectators.

Should the weather be inclement on Tuesday, we will make a decision about whether to continue with Sports Day by 11.00am and parents will be contacted through the Schoolcomms system. Please do not clog up the school phone system by calling the office before this time. If we have to cancel due to poor weather, we will hold the event during the afternoon of Tuesday 24th June.

