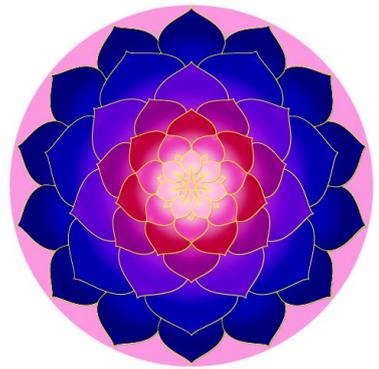


Hello Year 6 😊 How did you get on yesterday? We are really looking forward to seeing some of the mandalas you created yesterday, so please remember to send us pictures.

Remember it is Children's Mental Health Week. Why not try a mindfulness meditation? Look in today's 'Topic' area for more information.

Are you keeping up with your daily exercise? Yorkshiresport website has loads of great ideas at: <https://www.yorkshiresport.org/get-active/thisispe/>



*If you are looking for something extra to do, or you are struggling with what we have set you, or you have found our work a bit easy, then these sites will always offer you something different to try. *BBC daily lessons*: <https://www.bbc.co.uk/bitesize/this-terms-topics> and *The Oak National Academy*: <https://classroom.thenational.academy/subjects-by-key-stage/key-stage-2>

BOOKS REMINDER: Have you tried the BorrowBox App yet? You need your library card to join up, or your parents can get you a library card online at: <https://www.hertfordshire.gov.uk/services/libraries-and-archives/library-membership/library-membership.aspx>

You can also go on to the Oak Academy site for their VIRTUAL LIBRARY <https://library.thenational.academy/> where a popular children's author or illustrator will provide you with free books, exclusive videos and their top three recommended reads every week. Don't forget to add these books to your GoRead account!

Don't forget to come and visit us on live chat. If you have any questions or just fancy talking, we would love to hear from you 😊

Maths

FAST FIVE: Choose your level - Here is the link: <https://corbettmathsprimary.com/5-a-day/> Mark your work by accessing February's answers straight from the website. If you are getting all the questions correct, you can either change your level, or set yourself a time limit for the questions.

For today, we'd like you to complete your arithmetic and reasoning homework activities. Find the worksheets on the Y6 Home Learning Page.

- Arithmetic Test Y6 Spring 4 and answers
- 10 min Reasoning Test - CGP workout book Spring 4 (6F please mark yourself and 6D – you will mark this in your Wednesday zoom session)

Questions 4 & 7 are on a new topic: RATIO. Have a look at these videos for some extra help if you need it: <https://www.bbc.co.uk/bitesize/articles/zqsjcmn>

- TTRockstars to be completed as usual.



If you need a further challenge, try this Oak Academy KS3 lesson on decreasing by a percentage <https://classroom.thenational.academy/lessons/decrease-by-a-percentage-70ukjd>

Writing and Spelling

Spelling: Word endings –ant, -ent, -ance, -ence

<https://classroom.thenational.academy/units/word-endings-ant-ent-ance-ence-9d05>

Investigate the word endings –ant, -ent, -ance, -ence.

Please complete the online lesson in your Spelling Book. Tomorrow you will complete the next lesson where you apply what you have learnt today.

Writing: Monsters

Activity 11 is a lot of fun! You have two days to complete this activity in which you will be creating your own monster land map.



We would love to see your maps, so please have them ready to show in our Zoom sessions this week.

Reading

CGP Comprehension

Mark 'Pig Heart Boy'.

Then: We have scanned the next CGP comprehension from Book Two for you to complete today. It is called, 'The Story of my Life'.

Also, the answers for JTTRS Chapter 4 are on the home learning page for you today.

Please have this work ready to discuss in our Zoom session.

Topic

Science: What Makes a Healthy Lifestyle

Over your next two science lessons (this week and next week) You are going to be finding out about what makes a healthy lifestyle.

Watch the following video to start you off.

<https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/ztsqfcw>

Remember to refer back to the Oak Academy Work you have been covering in Topic time on Fridays as well.



Look at the **slides on the home learning page about healthy lifestyle.**

Make notes on the importance of a healthy lifestyle using the sheet provided.

You may want to do some of your own research as well using the following websites or videos.

http://www.bbc.co.uk/northernireland/schools/4_11/uptoyou/index.shtml

<https://www.bbc.co.uk/bitesize/topics/zrffr82/articles/zppvv4j>

<https://www.healthforkids.co.uk/>

<https://www.nhs.uk/change4life/food-facts>

[Mindfulness meditation](#)

Have a go at this mindfulness meditation about gratitude.

<https://nowandbeyond.org.uk/wp-content/uploads/2020/12/Gratitude-Meditation-5-mins-KS2.m4a>

or if you prefer, watch this video: https://www.youtube.com/watch?v=VZ_wdeog5Ek

How did you feel afterwards? Did it help you to clear your mind and feel more relaxed?