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## ASHFIELD JUNIOR SCHOOL

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*Inspiring our children to dream big, be extraordinary  
and change the world*

Headteacher: Mrs. Carolyn Dalziel, BA(Hons), PGCE, NPQH

17<sup>th</sup> May 2021

Dear Year 5 Parents

### Year 5 Puberty Education

As part of the Year Science learning on Life Cycles, we will be learning about the physical and emotional changes that occur during puberty. We will be teaching those lessons in the week beginning 7<sup>th</sup> June.

The main part of the session will be spent in our own classes, but children will then have separate 'Boy Talk' and 'Girl Talk' sessions with their own question and answer time.

You may have heard that there are some changes to the Sex and Relationships Curriculum, which will be known as Relationships and Health Education, but these changes are not being brought in until September 2021 and so there are no changes to the resources or the scheme of work that we are using this year.

If you would like to clarify the content of the lessons, please feel free to contact us.

You can also arrange to borrow a pack (consisting of the DVD and the material we use as the basis of our teaching) from the Office by signing up for an overnight slot. Children often find this very helpful, as it enables them to feel ready for the sessions in school and helps them to overcome any embarrassment about the subject matter.

The packs will be available from Friday 21<sup>st</sup> May and need to be returned to the office by Tuesday 8<sup>th</sup> June please.

Kind regards,

Carolyn Dalziel