

# ASHFIELD SPRING MENU

		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b> 21/02/2022 14/03/2022	RED	Vegetable and Bean Fajitas with Rice	Beef Burger in a Bun with Potato Wedges	Roast Chicken Stuffing, Roast Potatoes & Gravy	Spaghetti Bolognese with Garlic Bread	Fish Fingers with Chips
	GREEN	Macaroni Cheese	Quorn Burger in a Bun with Potato Wedges	Vegetable Wellington, Roast Potatoes & Gravy	Tomato & Lentil Pasta	Cheese & Tomato Quiche with Chips
	BLUE	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna	Jacket Potato with Cheese	Jacket Potato with Beans
	Vegetables	Green Beans / Carrots	Coleslaw / Sweetcorn	Cauliflower / Broccoli	Roasted Mixed Veg	Baked Beans / Garden Peas
	Dessert	Sticky Toffee Apple Crumble Custard	Chocolate Orange Brownie	Apple Cheese & Biscuits	Yoghurt & Fruit	Oaty Cookie
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week two</b> 28/02/2022 21/03/2022	RED	Cheese & Tomato Pizza with New Potatoes	Peri Peri Chicken with Rice	Roast Turkey with Roast Potatoes and Gravy	Chicken Sausage Pasta Bake	Battered Fish with Chips
	GREEN	Vegetable Tagine with Couscous	Macaroni Cheese	Roast Quorn with Roast Potatoes and Gravy	Cheese and Potato Whirl	Mexican Bean Roll with Chips
	BLUE	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna		Jacket Potato with Beans
	Vegetables	Green Beans / Cauliflower	Peppers / Garden Peas	Cabbage /Carrots	Sweetcorn /Broccoli	Baked Beans / Garden Peas
	Dessert	Pear Crumble with Custard	Chocolate Shortbread	Fruit & Youghurt	Carrot & Courgette Cake	Apple Flapjack
Or a choice of Yoghurt & Fresh Fruit available daily						

<b>Week Three</b> 07/03/2022 28/03/2022	RED	Beef Tortilla Stack with Rice	Sausage Roll with Potato Wedges	Roast Beef with Roast Potatoes and Gravy	Chinese Chicken Curry with Rice	Fish Fingers with Chips
	GREEN	Devils Kitchen Meatballs with Rice	BBQ Quorn with Potato Wedges	Mixed Vegetable Loaf, Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Cheese & Tomato French Bread Pizza & Chips
	BLUE	Jacket Potato with Cheese	Jacket Potato with Cheese and Beans	Jacket Potato Tuna	Jacket Potato with Cheese	Jacket Potato with Beans
	Vegetables	Broccoli / Sweetcorn	Garden Peas / Carrots	Carrot and Swede Mash	Green Beans / Cauliflower	Garden Peas / Baked Beans
	Dessert	Rice Pudding with Mixed Berries	Chocolate Sponge with Chocolate Sauce	Fruit & Yoghurt	Eves Pudding and Custard	Pinwheel Cookie

**Available Daily:**

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

**ALLERGY INFORMATION:**

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.